

Rave Reviews for SottoPelle®

"I live an active lifestyle and I am amazed at the increase (in energy). I no longer need 'afternoon naps.' I wake up refreshed and ready to go. The biggest surprise has been the mental and emotional change first noticed by my wife after natural hormone replacement therapy in Scottsdale. I am up and positive. Small problems no longer knock me down and create depression. Anxieties seem to have disappeared."

Ron R., Scottsdale, AZ

"It has been a bonus to notice a real increase in my sexual desire and interest ... This hormone replacement therapy treatment has made a significant increase in the quality of my life. I am sure I will continue these hormone therapy treatments for the rest of my life."

Stanley P., Scottsdale, AZ

Life... Change... Naturally®

Precision is our benchmark; your well-being, our passion.®

SottoPelle® is a proud supporter of Breast Cancer Research

Is SottoPelle® for Everybody?

What MEN Need to Know
About SottoPelle® Therapy.



Life... Change... Naturally®

Men Need Hormones, Too

When you hear the phrase "hormone replacement therapy," you probably think we're talking about menopausal women. But men need hormones, too. Every man experiences a gradual decline in hormone production as he ages. Beginning at age 30, his body manufactures less and less testosterone. He loses approximately 1-2 percent per year until sometime between 40 and 55, his testosterone levels drop dramatically and signal the onset of andropause—the medical term for the male equivalent of menopause.

When this happens, a man often finds himself lacking in sexual desire, gaining weight, losing muscle mass and feeling sluggish, depressed and irritable. Yet most men believe they have to tough out these symptoms as part of "getting older."

In recent years, hormonal needs for men have received national media attention. The only treatment options available, however, have been marginal, at best. Most are expensive, require daily consumption and in many cases, need to be carefully timed with their partner's desire for sexual activity and pleasure.

SottoPelle® Therapy has changed all that. Now a man can feel healthy, sexual, and look his best throughout his entire lifetime. This remarkably simple, hassle-free therapy can return you to the balance and vitality of healthy hormone levels. It can change the way you live your life—naturally!

Tell me more about testosterone ...

Testosterone is central to a man's well-being. Without it, fatigue, anxiety, depression, loss of mental clarity and libido occur. Furthermore, a deficiency in testosterone may lead to prostate problems, poor sexual performance, loss of muscle tone and mass and the potential to develop osteoporosis.

About SottoPelle®

SottoPelle® Therapy is a unique hormone replacement method that delivers the right kind of hormone (biologically identical), in the right amounts (based on testing & proper analysis of the results), using the right delivery system (pellets).

How Do I Get Started?

Easy. First schedule an appointment with your SottoPelle® provider. They will be happy to explain the process and answer any questions you might have and what to expect. On the day of your appointment, the doctor will discuss the results of your blood tests with you and prescribe the right amount of hormone for your unique needs.

What is the procedure like?

Each hormone pellet is slipped painlessly under the skin, typically in the hip. A mild, local anesthetic is used and the procedure takes less than five minutes. Once the pellet is inserted, a steady, low dose of natural hormone flows directly into the blood stream whenever your body needs it. Repeat treatments involve a brief visit to a SottoPelle® office a few times per year. That's it!

What can SottoPelle® Therapy do for me?

Since 1992, SottoPelle® Therapy has helped thousands of men achieve the natural healthy balance of hormones their bodies need to maintain optimum well-being. Our patients report that they feel fantastic again! Some of the benefits include*:

- Enhancement of libido and/or increased sexual drive
- An increase in lean body mass and a decrease in body fat
- An increase in muscle weight, size and strength
- Greater capacity for getting in shape
- Reduced fatigue & increased energy levels
- Consistency in moods—reduction in feelings of anger, nervousness and irritability
- Increased mental focus, clarity and concentration
- Improved memory
- Increased sense of overall well-being
- Better quality of life

Are there any side effects or complications?

Side effects are rare, but may include decreased sperm count, decreased testicular mass and possible prostate enlargement. These side effects occur much more frequently with the use of synthetic replacement therapy.

**Individual results may vary*

