

Rave Reviews for SottoPelle®

"I am 52 years old and was used to the way I was feeling due to perimenopause and the gradual change it was giving me. I didn't realize how long I had not been feeling like I used to when I was in my 20s and 30s until I started your (bio-identical) therapy. It was almost, literally, an overnight change!"

Cheryl J.

"It has been a bonus to notice a real increase in my sexual desire and interest ... This treatment has made a significant increase in the quality of my life. I am sure I will continue these treatments for the rest of my life."

Stanly P.

"Thank you for saving my life, my marriage and for giving me back my energy and self worth ... I feel 500% better and you were wrong about me feeling 35. I feel 25!"

Bonnie K.

"WOW! I'M LIVING WITH A NEW MAN!!! (My husband's) depression, which had been there for most of our marriage, was gone in a month. His color improved, he looks rested. His whole outlook on life has improved, and he is soooo kind to me, I sometimes think to myself, 'What was your NAME again?'"

Pam O.

"I live an active lifestyle and I am amazed at the increase (in energy). I no longer need 'afternoon naps.' I wake up refreshed and ready to go. The biggest surprise has been the mental and emotional change first noticed by my wife after natural hormone replacement therapy ... I am up and positive. Small problems no longer knock me down and create depression. Anxieties seem to have disappeared."

Ron R.

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"For Your Information"

What YOU Need To Know About SottoPelle® Therapy

The SottoPelle® Difference

 **SottoPelle®**
Hormonal Balance. Well-Being.

Life... Change... Naturally®

www.sottopelletherapy.com



SottoPelle® is a proud supporter of Breast Cancer Research

For Your Information...

What is SottoPelle® Bio-identical Hormone Therapy?

SottoPelle® Therapy is the most convenient and effective method of hormone replacement available. It has been thoroughly documented and researched in medical journals since 1939 and involves the simple and painless insertion of bio-identical hormone pellets under the skin. Once the pellets are inserted, a steady, low dose of natural hormone flows directly into the blood stream whenever the body needs it. This gives the body the ability to control the release of the hormone just as it did when the ovaries and testicles were working normally.

What are pellets made from?

The pellets are compounded according to the highest industry standards, using the best quality botanical ingredients available. They are specifically formulated to replicate human hormones. No horse urine. No fillers. Just pure, natural, biologically identical hormones – plain and simple.

What can SottoPelle® Therapy do for me?

Our patients report feeling fantastic again! Some of the benefits include*:

- Restored or increased sexual desire
- Consistency in moods
- Relief from anxiety and depression
- Increased mental clarity, focus, memory
- Greater capacity for getting the body in shape
- Improved energy, exercise tolerance, muscle mass

Are there any side effects or complications?

Side effects in both men and women are rare. In women, transient breast tenderness lasting 7-10 days may occur with the first insertion, but rarely with repeat treatments. Acne and hair loss are rare occurrences from testosterone therapy. The growth of facial hair is also rare and occurs no more frequently than what happens in post menopausal women on no hormones. In men, the side effects are also rare, but may include decreased sperm count, decreased testicular mass and possible prostate enlargement. These side effects occur much more frequently with the use of synthetic hormone replacement therapy.

**Individual results may vary*

How often will I need SottoPelle® Therapy?

More great news ... generally, we only have to see our patients two to three times per year.

I get horrible headaches. Will this help me?

Yes! The SottoPelle® Therapy method has had great success with hormonally related headaches.

Why hasn't my doctor suggested SottoPelle® Therapy as an option?

The majority of physician training is on synthetic hormones. Most likely, your doctor was never trained in the use of bio-identical hormone pellets.

How long will it take for the pellets to start working?

Most female patients report that they begin to experience improvement within several days of receiving their pellets. Testosterone pellets may take two weeks to express their benefits for men and women.

I have no libido. Can SottoPelle® Therapy help?

Yes. Hormone balance will improve your sexual desire.

Life... Change... Naturally®

Precision is our benchmark; your well-being, our passion.®

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Cheryl J.

"I am 80 years old, struggling with fibromyalgia, osteoporosis, arthritis and heart disease, which have all improved since your treatment. I am able to do things I hadn't been able to do in several years... Thanks again and may God bless you as you help other people like me."

Rosemary D.

"Thank you for saving my life, my marriage and for giving me back my energy and self worth... I feel 500% better and you were wrong about me feeling 35. I feel 25!"

Bonnie K.

"I am 33 years old and suffer from Ankylosing Spondylitis Arthritis... Since being introduced to SottoPelle®, I have been able to discontinue all medications. The most improvement I have experienced with joint pain and swelling has been since I started the pellet (procedure). I am proof that hormones have a huge effect on chronic illness patients."

Denise S.

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Is SottoPelle® for Everybody?

What **WOMEN** Need to Know
About SottoPelle® Therapy.

**SottoPelle®**
Hormonal Balance. Well-Being.

Life... Change... Naturally®



SottoPelle® is a proud supporter of Breast Cancer Research

www.sottopelletherapy.com

Return to the physiological state of bygone days

It's true! Women CAN feel healthy, vibrant and sexy throughout their entire lives. Why suffer from the symptoms of PMS or menopause when SottoPelle® Therapy can bring you back to the balance and well-being of healthy hormone levels?

What are bio-identical hormones?

Bio-identical hormones are plant-based compounds specifically formulated to match the molecular structure of human hormones. Synthetics, however, are engineered not to match in order to be patented.

The pellets are compounded according to the highest industry standards using the best quality botanical ingredients available. They are derived from a natural plant source of soy and other plant-based ingredients. No horse urine. No fillers. Just pure, natural, biologically identical hormones—plain and simple.

Not all hormone replacement therapies are created equal

SottoPelle® Therapy is a unique hormone replacement method that delivers the right kind of hormone (biologically identical), in the right amounts (based on testing & proper analysis of the results), using the right delivery system (pellets).

If you've tried other methods of hormone replacement, you probably experienced the emotional ups and downs they can produce. Why? Because your hormones were still unbalanced, something that SottoPelle® Therapy can address. Ask any of our patients. They can't believe the difference SottoPelle® makes—from increased energy and vitality to a renewed sense of emotional and physical well-being. And there's more good news... pellets can last from three to six months or longer!

How do I get started?

Easy. First schedule an appointment with your SottoPelle® provider. They will be happy to explain the process and answer any questions you might have and what to expect. On the day of your appointment, the doctor will discuss the results of your blood tests with you and prescribe the right amount of hormone for your unique needs.

What is the procedure like?

The small hormone pellets are slipped painlessly under the skin, typically in the hip. A mild, local anesthetic is used and the procedure takes less than five minutes. Once the pellets are inserted, a steady, low dose of natural hormone flows directly into the blood stream whenever the body needs it. A woman's body can then control the release of the hormone just as it did when the ovaries were working normally. Repeat treatments involve a brief visit to a SottoPelle® office a few times per year. *That's it!*

SottoPelle® Therapy—preferred by thousands

Thousands of women across the U.S. and internationally prefer using the SottoPelle® Therapy method to achieve a natural, healthy balance of hormones. Our patients report that they feel fabulous again! Some of the many benefits they report include*:

- Enhanced libido and/or increased sexual desire
- Decreased body fat and greater capacity to get in shape
- Reduced fatigue & increased energy levels
- Increased mental focus, clarity and concentration
- Improved memory
- Consistency in moods—reduction in feelings of anger, nervousness and irritability
- Relief from anxiety and depression
- Increased sense of overall well-being
- Protection from heart disease

If you plan on becoming pregnant, talk to your doctor.